

# **Somerset Road Club**

https://somersetroadclub.org.uk/

## Present their Hillclimb on Sunday 5th September 2021

Cockercombe course (UHC23)

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Course: UHC23 - description

Somerset Road Club are promoting an Open Hill Climb on the picturesque Cockercombe course (UHC23) on the Quantock Hills on Sunday 5th September 2021.

The event is open to members of clubs affiliated to Cycling Time Trials (CTT)

It is part of the WTTA Hill Climb Series.

The course climbs steadily through Cockercombe for just over 1 mile.

#### Please Call Number Loud and Clear When Finishing

Event HQ	Organiser	Timekeepers
Over Stowey Village Hall Over Stowey Somerset TA5 1HA	Gemma Waterjohns	Mary Jane Hutchinson Rob Hutchinson Ian Potts

### **Somerset Road Club Hillclimb**

#### **Prize List**

Men's Open 1<sup>st</sup> Fastest - £25 2<sup>nd</sup> Fastest - £20

3<sup>rd</sup> Fastest - £15

Women's Open 1<sup>st</sup> Fastest - £15

V40-50 1st Fastest - £10

2<sup>nd</sup> Fastest - £5

V50-70 1st Fastest - £10

2<sup>nd</sup> Fastest - £5

Juniors 1<sup>st</sup> Fastest - £10

• Only one prize per rider and it will be sent out to the registered address after the event

#### Notes:-

#### UHC23

- 1. Race HQ will open at 8am for sign on and number collection
- 2. First rider is off at 10am
- 3. Riders should allow 10 mins to get to the start
- **4.** All riders to have a working rear light as per CTT Rules and Regulations
- 5. All numbers will be at the HQ and need to be signed for with your own pen
- **6.** HQ will only be open for Toilets. Changing facilities are NOT available
- 7. Riders on completion of their ride are to continue past the finish timekeeper to a safe turning point before coming down the hill on the opposite side, safely and slowly.
- **8.** The course is an open public road and riders should be aware that they may encounter traffic, both up and down the course. Be safe.
- **9.** Please be aware there is a Cycling Sportive happening in the area on Sunday 5<sup>th</sup> September watch out for other bikes!
- **10.**On completion of your ride all riders must sign out at the HQ (remember your pen). Failure to sign back in could result in disqualification.
- **11.** Somerset Road Club in conjunction with CTT recommend that all riders should wear an approved helmet and under 18 must wear an approved helmet.
- **12.** No refreshments available if you want a coffee afterwards, head along to The Foxy Bean Café.

#### **Special Covid Regulations for the Running of Time Trials**

IF YOU OR ANY OF YOUR HOUSEHOLD ARE NOT WELL OR ARE SHOWING SIGNS OF COVID-19 OR HAVE TESTED POSITIVE AND ARE CURRENTLY ISOLATING, PLEASE DO NOT ATTEND THE EVENT

This event will be run under CTT's current Covid-19 Risk Assessment. Please take time to read it

https://www.cyclingtimetrials.org.uk/documents/index/covid-19.

- 1. Whilst there a few extra procedures outlined below, changes may be made based on events on the day. These will be communicated fully where appropriate. You are expected to heed the marshals.
- 2. This event is run under CTT Rules and Regulations which can be found in full here: https://www.cyclingtimetrials.org.uk/articles/view/11
- 3. The Event HQ is a modern building with toilets which you may use but the changing facilities are not available, and please don't inconvenience others by changing in the toilets. FACE MASKS TO BE WORN INSIDE. You will be required to maintain social distancing and observe hand-washing signs.
- 4. There is parking across the way from the Race HQ and also near the start. Please park responsibly and remember the road is open to traffic
- 5. Please do not give Over Stowey Village Hall reasons to regret hiring it to us.
- 6. Race HQ will not open before 8am. Please endeavour not to arrive at HQ before this. That might not be easy to organise, however, with the distance some of you will travel, we appreciate. If you arrive too early, stay in your vehicle. There will be no gatherings permitted in the carpark at less than the social distance.
- 7. Turbo/trainer/roller warm-up is permitted in the HQ car park only and again provided social distance is maintained. Everyone must follow guidelines and instructions from officials, or they will not be permitted to race and will be reported to CTT.
- 8. Local Lockdown to repeat: anyone who resides in or has an address within an affected area should not come to the event. The onus is on the rider to inform the organiser.
- 9. Sign-On and Sign-off Sign-on for events is currently quite different to what we are used to. No handshakes, no hugging, no kissing and maintain social distance.
- 10. There are some other restrictions in place. You will be expected to follow them. Remember: no rear light = no ride! We always expect you to respect the social distancing rules and maintain the legislated distance in all directions. We are all in this together so please respect the volunteer team and their decisions. Riders not adhering to the restrictions in place will not be permitted to race and will be reported to CTT. If you will not be starting, then please let us know by messaging Gemma Waterjohns on 07747 843756 as much in advance as possible. This helps the timekeepers and marshals.
- 11. No pens will be provided at sign-on so bring your own.
- 12. No safety pins will be provided, so if you need them, you will need to bring your own.
- 13. Riders will be required to sign out again please bring you own pen

- 14. Only arrive at the start 5 mins prior to your start time, and maintain social distancing guidelines. You will not be permitted to wait if you arrive earlier.
- 15. Please note that no official at the start can take responsibility for any clothing left there.
- 16. You are required to not answer the call of nature in the start area or change in sight of any residents and are not to leave a vehicle in the start layby.
- 17. Spectators are not permitted.
- 18. Riders are not permitted to warm up anywhere on the course after 0945. If you are on the course after this time, you may be asked to leave.
- 19. The timekeepers and officials will be wearing face coverings where appropriate and checking riders have :- a) have their numbers attached correctly, b) have a working rear light,
- 20. There will be no "pusher offer" and you will have to do a standing start on your own with one foot on the ground. Rolling starts, track stands and "jumping the gun" will not be permitted.
- 21. If you catch up with another rider during your race, try to pass as quickly as possible and under no circumstances ride close behind so as to take shelter from the wind.
- 22. Make it easy for the finish timekeepers: when you cross the line shout your number as loud as you can. Do not approach them at any point even if you wish to report you are DNF.
- 23. Once you have finished you should return to the event HQ, sign out and then leave without congregating. There will be no catering. We realise this is not the norm and the social aspect of racing is a big part of the fun. However, we need to show we can follow these guidelines if we are to see time trials and hillclimbs continue.
- 24. Race Results and Prize Presentation Race results will not be available at the event, so please do not ask. We will collate the results and post them online ASAP on the CTT website and media channels. We will then email the participants using the address supplied in the usual manner. Neither will there be a prize presentation and award ceremony; prizes etc will be posted or paypal etc. This is to encourage prompt dispersal.
- 25. Refreshments To ensure we comply with the government regulations, the CTT guidance and Covid-19 Risk Assessment, there will be no catering on offer by us.
- 26. Under 18s Those under 18 on the day of the event will require a hard copy parental consent form. Numbers will not be issued to under-18s unless the form is presented no number = no ride, unfortunately. The appropriate form is available on the CTT website https://www.cyclingtimetrials.org.uk/documents/index/guardians
- 27. This Document has been based on that used for the National 100 on the 16<sup>th</sup> August, it works please do not give any non-cyclist, local resident or any member of the general public the opportunity to complain. Remember we are lucky in that our sport is able to continue in the current climate all be it slightly different many other sports cannot at present.

Thank you for your cooperation!